

## Rite of Eucharistic Exposition and Benediction

### Exposition of the Blessed Sacrament

**Kneel:** The altar server enters the chapel, followed by the Presider carrying the Luna with the Sacred Host. The Presider places the Luna with the Sacred Host into the monstrance on the altar. Once the Presider has reached the front of the altar and kneels, he will lead all in singing the Salutaris then he will begin incensing the Blessed Sacrament.

#### O Salutaris Hostia

*O salutaris Hostia  
Quae coeli pandis ostium  
Bella premunt hostilia,  
Da robur, fer auxilium*

*Uni trinoque Domino  
Sit sempiterna gloria,  
Qui vitam sine termino  
Nobis donet in patria. Amen.*

*O saving Victim, opening wide  
The gate of heaven to us below,  
Our foes press on from every side;  
Thine aid supply, thy strength bestow.*

*To thy great name be endless praise,  
Immortal Godhead, One in three.  
Oh, grant us endless length of days  
In our true native land with thee. Amen.*

After the Presider has incensed the monstrance, he and the altar server will wait a few minutes before standing and walking to their seats.

**Stand or Sit:** At times, there will be Scripture readings and reflections. Following the incensing, the Presider will stand and walk to the ambo to start the reflections. If the Gospel is to be proclaimed, the Presider will instruct all to stand. Otherwise, the Presider will instruct all to be seated during scripture reading(s). This is followed by a short reflection. Following the reflection, the Presider and altar server go to their seats.

**Kneel or Sit:** Following the seating of the Presider and the altar server, all are welcome to pray either kneeling, sitting, or in another appropriate posture.

### Benediction of the Blessed Sacrament

**Kneel:** Once the individual, private adoration/devotion is completed, the presider and altar server will return to the front of the altar. While the presider incenses the monstrance, all sing the Tantum Ergo (or other appropriate Eucharistic song).

#### Tantum Ergo

*Tantum ergo Sacramentum  
Veneremur cernui:  
Et antiquum documentum  
Novo cedat ritui  
Praestet fides supplementum  
Sensuum defectui.*

*Genitori, Genitoque  
Laus et jubilatio  
Salus, honor, virtus quoque  
Sit et benedictio:  
Procedenti ab utroque  
Compar sit laudatio. Amen.*

*Down in adoration falling  
Lo, the sacred host we hail;  
Lo, o'er ancient forms departing,  
Newer rites of grace prevail;  
Faith for all defects supplying,  
Where the feeble senses fail.*

*To the everlasting Father,  
And the Son who reigns on high,  
With the Spirit blest proceeding  
Forth from each eternally,  
Be salvation, honor, blessing,  
Might, and endless majesty. Amen.*

**Presider:** You have given them Bread from Heaven.

**All:** Having all sweetness within it.

Presider: Let us pray:

Lord our God, you have given us the True Bread from Heaven. In the strength of this food may we live always by your life and rise in glory on the last day. We ask this through Christ our Lord. **Amen.**

or

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, forever and ever. **Amen.**

or

Lord our God, in this great sacrament, we come into the presence of Jesus Christ, your Son. Born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy Drink from it the water of everlasting life. We ask this through Christ our Lord. **Amen.**

All remain kneeling while the Presider elevates the monstrance and all gathered recite the Divine Praises.

#### The Divine Praises

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his Angels and in his saints. Amen.

#### Reposition of the Blessed Sacrament

Once the Presider carries the Luna with the Sacred Host out of the chapel, all stand and all sing Holy God We Praise Thy Name.

#### Holy God We Praise Thy Name

*Holy God, we praise thy name,  
Lord of all, we bow before thee!  
All on earth thy sceptre claim,  
All in heaven above adore thee.  
Infinite thy vast domain,  
Everlasting is thy reign.  
Infinite thy vast domain,  
Everlasting is thy reign.*

*Hark the loud celestial hymn  
Angel choirs above are raising!  
Cherubim and Seraphim  
in unceasing chorus praising.  
Fill the heavens with sweet accord  
Holy, holy, holy Lord.  
Fill the heavens with sweet accord  
Holy, holy, holy Lord. Amen.*